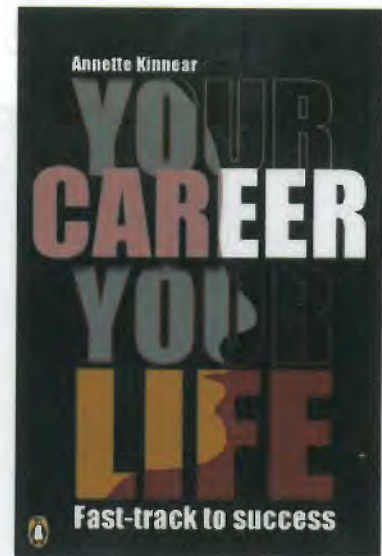


# A PRACTICAL GUIDE TO IMPROVING YOUR CAREER



Doors fly open and opportunities arrive on your doorstep once you start to understand the basic principles of career success.

*Your Career, Your Life* reveals these important foundations and shows that career growth is a process that starts inside **you**.

**SUCCESS** is a direct product of your thoughts, words and actions. While all careers can grow up to a point through consistent hard work, going further requires wisdom, preparation and focus – conscious career management. We all have the potential to turn our **DREAMS** into **REALITY**,

but we need **knowledge**, tools and a guide. Using an original week-by-week approach to present sometimes difficult concepts in an accessible, often humorous manner, recruitment specialist Annette Kinnear has produced that **guide** for South Africans.

Drawing on examples from real-life situations and inspiring quotations from an eclectic range of sources, *Your Career, Your Life* imparts **wisdom** that is applicable not only to career development but also to life as a whole. The weekly structure and well-chosen activities make it easy to assimilate Kinnear's

principles, both intellectually and emotionally, resulting in a book that is both supportive and challenging.

**COVER** has three copies of Kinnear's book to give away to our readers. If you are interested in receiving a free copy email your details to [kim@cover.co.za](mailto:kim@cover.co.za). We will draw three names and send them a copy of this insightful book.

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